

yoga ● pearl power vinyasa 2009

Please complete and return to Yoga Pearl (attn: Tiffany)
or email to Tiffany (Tiffany@AthletesPoint.com)

Name: _____ DOB: ____ / ____ / ____

Address: _____

Phone: _____ Email: _____

How often do you practice? _____ Power Vinyasa? _____

How long have you practiced yoga? _____ Power Vinyasa? _____

Favorite Style of Yoga? _____

Occupation _____

Any injuries or health conditions?

Are you on any medications (please list & why)?

Practice experience, what styles are you familiar with?

Do you have a meditation & or pranayama practice (how much, how often)?

How has yoga changed your life?

Why do you practice yoga?

Are you a teacher now? Where? How long have you been teaching?

Teachers with whom you have studied:

Do you practice at Yoga Pearl? Where else?

Reason for applying to teacher training (do you intend to teach in the future):

Why do you want to teach?

What do you hope to gain from our program?

What areas do you struggle with in your practice & what areas are easier for you?

Please explain your willingness to be fully committed and attend 100% of the training:

Pre-requisites: *Minimum of one year of a consistent Vinyasa/Power Vinyasa practice, and a current 4-6day/week yoga practice (Power Vinyasa at least 3x a week). For 500 hour training, must have completed a 200-hour YA approved teacher training successfully (does not have to be a Yoga Pearl training).*

Application process: Download and email (Tiffany@AthletesPoint.com) or hand in application at Yoga Pearl (attn: Tiffany), each application is reviewed and accepted on an individual basis.

Please indicate which program you are applying for:

200 hour basic 500 hour advanced